

MOLLY M. SPEARMAN STATE SUPERINTENDENT OF EDUCATION



# Students Health and Fitness Act Compliance Report

Provided to the General Assembly

Pursuant to the Students Health and Fitness Act of 2005 [§59-10-10(C)]

December 1, 2019

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#### **Reporting Requirement**

The Students Health and Fitness Act of 2005, S.C. Code § 59-10-10(C), requires each South Carolina district to report on the amount of time allotted to students for physical education instruction and physical activity as referenced in the excerpt below.

During each year of implementation of the reduced student to physical education teacher ratio, each district shall report to the State Department of Education by June fifteenth, the number of minutes of physical education instruction and the minutes of additional physical activity students receive daily with a total for the week. The report must be listed by elementary school and by individual class and grade level. The State Department of Education shall provide a summary of this information to the General Assembly by December first of each year of implementation.

#### **Student Health and Fitness Act of 2005 Requirements**

The Students Health and Fitness Act of 2005, S.C. Code <u>§ 59-10-10</u>, mandates that students in grades kindergarten through five receive at least 150 minutes per week of physical education and physical activity. Of those 150 minutes per week, at least 60 minutes are to be allotted to physical education as referenced in the excerpts below.

<u>§ 59-10-10(A)</u>: The goal of this article is to provide every elementary student with the equivalent of thirty minutes of physical activity daily. Beginning in the 2006–07 school year, students in kindergarten through fifth grade must be provided a minimum of one hundred fifty minutes a week of physical education and physical activity. In 2006–07, a minimum of sixty minutes a week must be provided in physical education, and as Section 59-10-20 is phased in, the minimum for physical education must be increased to ninety minutes a week.

§ 59-10-370: Each phase of implementation of the Students Health and Fitness Act is contingent upon the appropriation of adequate funding as documented by the fiscal impact statement provided by the Revenue and Fiscal Affairs, formerly the State Budget Office of the State Budget and Control Board. There is no mandatory financial obligation to school districts if state funding is not appropriated for each phase of implementation . . .

In addition, Proviso 1.28 of the 2016–17 Appropriations Act grants districts flexibility in use of funds.

#### **Survey Administration**

The South Carolina Department of Education (SCDE) notified all district instructional leaders and elementary school health and fitness coordinators about the mandatory Students Health and Fitness Act Annual Compliance Survey via memorandum on May 2, 2019 (Appendix A), as well as follow-up electronic and phone communications. The Students Health and Fitness Act Annual Compliance Survey required all school physical activity directors to provide the number of minutes allotted to their students per week for both physical education and physical activity (Appendix B).

#### **School Survey Participation**

Seventy-seven percent (n=531) of South Carolina public schools with students in any or all grades K–5 responded to the Students Health and Fitness Act Annual Compliance Survey. Conversely, 23 percent (n=161) of South Carolina public schools with students in any or all grades K–5 did not respond to the Students Health and Fitness Act Annual Compliance Survey (Appendix C).

The results reported below were analyzed based on data collected from self-reported physical activity director surveys (Appendix B).

#### **Physical Education and Physical Activity Minutes**

Of the 531 schools responding, 77 percent (n=411) reported providing at least 150 minutes per week of physical education and physical activity during the 2017-18 school year.

Conversely, of the 531 schools responding, 17 percent (n=90) did not report meeting either the 60 minutes of physical education per week or the 150 minutes of physical activity per week.

#### **Appendix A: Student Health and Fitness Act Memorandum**



## **STATE OF SOUTH CAROLINA**

## **DEPARTMENT OF EDUCATION**

MOLLY M. SPEARMAN

STATE SUPERINTENDENT OF EDUCATION

#### MEMORANDUM

- **TO:** District Instructional Leaders Elementary School Health and Physical Education Coordinators
- **FROM:** Dr. Anne Pressley Director, Office of Standards and Learning
- **DATE:** May 2, 2019
- **RE:** Student Health and Fitness Act Annual Compliance Surveys

The Students Health and Fitness Act (SHFA) (S.C. Code § 59-10-10, et seq.) requires each South Carolina school district to report the number of minutes of daily physical education instruction, the number of minutes of daily physical activity, and a total of both to reflect the combined number of minutes per week. Reports must be listed by elementary school, by individual class, and by grade level. Information is compiled in a summary to be presented to the General Assembly by December first of each year.

Each elementary school's physical activity director should gather the required information from homeroom teachers and upload it into the survey. The attached spreadsheet contains an option to enter the number of minutes of dance instruction provided by a certified dance instructor. Dance instruction can account for 25 percent of the total physical education minutes received if all students participate in dance.

Survey data should be submitted no later than **5:00 p.m. on June 15, 2019**, via the link below: <u>https://apps.ed.sc.gov/Survey/index.php?sid=12781&lang=en</u>

Please contact Dawn Hawkins at <u>dhawkins@ed.sc.gov</u> with questions.

School Name: District: Name of Physical Activity Director: Did 5th grade Students Have Fitness Reports Sent Home:						
Homeroom Teacher's Name	Grade Level	P.E Minutes	Physical Activity Minutes Per Week	P.E/PA Minutes Combined Per Week	Dance Minutes Per Week (if the school has a certified dance instructor)	Dance and P.E Minutes Combined
Example Judy Smith	4	60	120	180	15	75
Love	K	40	120	160	0	40
Hunter	K	40	120	160	0	40
Mickle	K	40	120	160		40
Broughton	K	40	120	160		40
Seawell	1	50	120	170	0	50
Snyder	1	50	120	170	0	50
Dickson	1	50	120	170	0	50
Stevens	1	50	120	170	0	50
Hill	1	50	120	170	0	50
Calhoun	2	50	120	170	0	50
Shuler	2	50	120	170	0	50
Mehta	2	50	120	170	0	50
Bridges	2	50	120	170	0	50
Raley	2	50	120	170	0	50
Barnette	3	50	120	170	0	50
Belk	3	50	120	170	0	50
Guttridge	3	50	120	170	0	50
Lambert	3	50	120	170	0	50
Harris	3	50	120	170	0	50
Musciano	4	50	120	170	0	50
Donnelly	4	50	120	170	0	50
Johnson	4	50	120	170	0	50
Whitener	4	50	120	170	0	50
Price	4	50	120	170	0	50
Maturi	5	50	120	170	0	50
Nocella	5	50	120	170	0	50

## Appendix B: Students Health and Fitness Act Survey Example

## **Appendix C: Survey Participation by School**

Aiken	Lloyd-Kennedy Charter
Aiken	Horse Creek Academy
Allendale	Allendale Elementary
Allendale	Fairfax Elementary
Anderson 1	Palmetto Elementary
Anderson 1	Hunt Meadows Elementary
Anderson 2	Belton Elementary
Anderson 2	Wright Elementary
Anderson 2	Marshall Primary
Anderson 2	Honea Path Elementary
Anderson 3	Iva Elementary
Anderson 3	Starr Elementary
Anderson 3	Flat Rock Elementary
Bamberg 1	Richard Carroll Elementary
Bamberg 2	Denmark-Olar Elementary
Barnwell 19	Macedonia Elementary-Middle
Barnwell 29	Kelly Edwards Elementary
Beaufort	Hilton Head Island Elementary
Beaufort	Whale Branch Middle
Beaufort	Riverview Charter School
Beaufort	Coosa Elementary
Beaufort	Okatie Elementary
Beaufort	Hilton Head Island School for the Creative Arts
Berkeley	Sangaree Intermediate
Berkeley	Philip Simmons Middle
Berkeley	Boulder Bluff Elementary
Calhoun	Sandy Run School
Calhoun	St. Matthews K-8 School
Charleston	Pattison's Academy for Comprehensive Education
Charleston	Prestige Preparatory Academy
Charleston	Matilda Dunston Elementary
Charleston	Malcolm C. Hursey Elementary
Charleston	Charleston Development Academy
Chester	Lewisville Middle
Chester	Chester Park School Elementary of Inquiry
Chester	Chester Park Elementary School of Literacy and Technology
Chesterfield	Cheraw Intermediate
Chesterfield	Pageland Elementary
Chesterfield	Cheraw Primary

Non-responding schools are listed by district below.

Chesterfield	Petersburg Primary
Chesterfield	Edwards Elementary
Chesterfield	Jefferson Elementary
Chesterfield	Ruby Elementary
Chesterfield	McBee Elementary
Chesterfield	Plainview Elementary
Clarendon 1	St. Paul Elementary
Clarendon 1	Summerton Early Childhood Center
Dillon 3	Latta Middle
Dorchester 2	Knightsville Elementary
Dorchester 2	Newington Elementary
Dorchester 2	Oakbrook Elementary
Dorchester 2	Windsor Hill Arts Infused Elementary
Dorchester 2	Eagle Nest Elementary
Dorchester 4	William Memorial Elementary
Edgefield	Douglas Elementary
Edgefield	Johnston Elementary
Edgefield	W. E. Parker Elementary
Edgefield	Merriwether Elementary
Florence 1	John W. Moore Middle
Florence 1	Carver Elementary
Florence 1	Delmae Elementary
Florence 1	Lucy T. Davis Elementary
Florence 1	Briggs Elementary
Florence 1	Greenwood Elementary
Florence 1	Royall Elementary
Florence 1	Savannah Grove Elementary
Florence 1	Henry Timrod Elementary
Florence 1	Wallace Gregg Elementary
Florence 1	Palmetto Youth Academy Charter
Florence 1	McLaurin Elementary
Florence 1	Theodore Lester Elementary
Florence 1	North Vista Elementary
Florence 1	Dewey-Carter Elementary
Florence 4	Brockington Elementary
Georgetown	Coastal Montessori Charter
Georgetown	Waccamaw Intermediate
Georgetown	Brown's Ferry Elementary
Georgetown	Maryville Elementary
Georgetown	McDonald Elementary
Georgetown	Plantersville Elementary
Greenwood 50	Mathews Elementary
Greenwood 50	Hodges Elementary
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Greenwood 50	Eleanor S. Rice Elementary
Greenwood 50	Lakeview Elementary
Greenwood 50	Merrywood Elementary
Greenwood 51	Ware Shoals Elementary Middle
Greenwood 51	Ware Shoals Primary
Greenwood 52	Ninety Six Elementary
Greenwood 52	Ninety Six Primary
Hampton 1	Hampton Elementary
Hampton 1	Varnville Elementary
Hampton 1	Ben Hazel Primary
Hampton 1	Brunson Elementary
Hampton 2	Estill Elementary
Horry	Myrtle Beach Primary
Horry	Myrtle Beach Elementary
Horry	St. James Intermediate
Horry	Bridgewater Academy Charter
Horry	Palmetto Academy of Learning and Success Charter
Horry	Kingston Elementary
Horry	Conway Elementary
Horry	South Conway Elementary
Horry	Carolina Forest Elementary
Horry	Palmetto Bays Elementary
Horry	Ocean Bay Elementary
Horry	Academy of Hope Charter
Jasper	Hardeeville Elementary
Jasper	Ridgeland Elementary
Kershaw	Blaney Elementary
Kershaw	Lugoff Elementary
Kershaw	Mt. Pisgah Elementary
Kershaw	Baron Dekalb Elementary
Kershaw	Bethune Elementary
Kershaw	Jackson School
Kershaw	Camden Elementary of the Creative Arts
Kershaw	Midway Elementary
Kershaw	Pine Tree Hill Elementary
Kershaw	Wateree Elementary
Kershaw	Doby's Mill Elementary
Lee	Dennis Elementary
Lee	Lower Lee Elementary
Lee	West Lee Elementary
Lexington 4	Frances F. Mack Intermediate
Marion 10	Marion Intermediate
Marion 10	McCormick Elementary
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Marion 10	Creek Bridge STEM Academy
Marion 10	Easterling Primary
Marion 10	North Mullins Primary
Marlboro	Bennettsville Primary
Orangeburg	Edisto Elementary
Orangeburg	Edisto Primary
Orangeburg	Hunter-Kinard-Tyler Elementary
Orangeburg	Holly Hill Elementary
Orangeburg	St. James-Gaillard Elementary
Orangeburg	Lockett Elementary
Orangeburg	Vance-Providence Elementary
Orangeburg	Elloree Elementary
Richland 2	Kelly Mill Middle
Richland 2	E. L. Wright Middle
Richland 2	Summit Parkway Middle
Richland 2	Muller Road Middle
Richland 2	Round Top Elementary
Saluda	Saluda Primary
	Inman Intermediate
Spartanburg 1	
Spartanburg 1	Inman Elementary
Spartanburg 1	O. P. Earle Elementary
Spartanburg 1	Holly Springs-Motlow Elementary
Spartanburg 1	New Prospect Elementary
Spartanburg 1	Campobello-Gramling School
Spartanburg 2	Cooley Springs-Fingerville Elementary
Spartanburg 3	Cannons Elementary
Spartanburg 5	Beech Springs Intermediate
Spartanburg 5	Wellford Academy of Science and Technology
Spartanburg 7	Jesse Boyd Elementary
Spartanburg 7	Pine St. Elementary
Spartanburg 7	Mary H. Wright Elementary
Spartanburg 7	Drayton Mills Elementary
Spartanburg 7	The Cleveland Academy of Leadership
Spartanburg 7	Meeting Street Academy-Spartanburg
Spartanburg 7	E. P. Todd School
Williamsburg	Kenneth Gardner Elementary
Williamsburg	W.M. Anderson Primary
Williamsburg	Greeleyville Elementary
Williamsburg	Hemingway Elementary
York 3 (Rock Hill)	Sunset Park Center for Accelerated Studies
York 3 (Rock Hill)	Mount Holly Elementary
York 3 (Rock Hill)	Belleview Elementary

York 3 (Rock Hill)	Ebenezer Avenue Elementary: Traditional, Montesorri, Inquiry
York 3 (Rock Hill)	York Road Elementary
York 3 (Rock Hill)	Independence Elementary
York 3 (Rock Hill)	Old Pointe Elementary
York 4 (Fort Mill)	Doby's Bridge Elementary